1 (Amended). A compound having the formula

wherein R when taken individually is H; R¹ when taken individually is H or OH; R and R¹ when taken together represent a double bond;

 R^2 is an alpha-branched C_3 - C_8 alkyl, alkenyl, alkynyl, alkoxyalkyl or alkylthioalkyl group; a C_5 - C_8 cycloalkylalkyl group wherein the alkyl group is an alpha-branched C_2 - C_5 alkyl group; a C_3 - C_8 cycloalkyl or C_5 - C_8 cycloalkenyl group, either of which may be substituted by methylene or one or more C_1 - C_4 alkyl groups or halo atoms; or a 3 to 6 membered oxygen or sulphur containing heterocyclic ring which may be saturated, or fully or partially unsaturated and which may be substituted by one or more C_1 - C_4 alkyl groups or halo atoms;

R³ is hydrogen or methyl;